

Student: _____ Subject: Physical Education Grade: KEvaluated By: _____
Physical Education Teacher

Assessment	Mastery = 4pts	Proficient = 3pts	Developing = 2pts	Review = 1pt	Total points(✓) =			
Travel in a different ways, in a large group without bumping into others or falling	Travels in different ways quickly and safely without bumping into others or falling	Travels in different ways quickly and safely and seldom bumps into others or falls	Travels in different ways quickly and safely and frequently bumps into others or falls	Is unable to travel in different ways quickly and safely and constantly bumps into others and falls	M-4	P-3	D-2	R-1
Travel, in forward and sideways directions, and change direction quickly in response to a signal	Travels forward and sideways while changing directions without error	Travels forward and sideways while changing directions minimal errors	Travels forward and sideways while changing directions and needs assistance	Is unable to travel forward and sideways while changing directions	M-4	P-3	D-2	R-1
Demonstrate clear contrasts between slow and fast speeds while traveling	Has outstanding clear contrasts between slow and fast speeds while traveling	Has acceptable clear contrasts between slow and fast speeds while traveling	Has fairly clear contrasts between slow and fast speeds while traveling	Has deficient clear contrasts between slow and fast speeds while traveling	M-4	P-3	D-2	R-1
Distinguish between straight, curved, and zigzag pathways while traveling in various ways	Distinguishes between straight, curved and zigzag pathways	Sometimes distinguishes between straight, curved and zigzag pathways	Rarely distinguishes between straight, curved and zigzag pathways	Unable to distinguish between straight, curved and zigzag pathways	M-4	P-3	D-2	R-1
Make both large and small body shapes while traveling	Makes both large and small body shapes while traveling exceptionally well	Making both large and small body shapes while traveling and meets expectations	Infrequently makes both large and small body shapes while traveling	Cannot make both large and small body shapes while traveling at all	M-4	P-3	D-2	R-1
Travel, demonstrating a variety of relationships with objects (e.g., over, under, behind, alongside, through)	Travels and demonstrates relationships with objects over, under, behind and through	Mostly demonstrates relationships with objects over, under, behind and through	Occasionally travels and demonstrates relationships with objects over, under, behind and through	Is unable to travel and demonstrate relationships with objects over, under, behind and through	M-4	P-3	D-2	R-1
Place a variety of body parts into high, middle and low levels	Is able to place a variety of body parts into high, middle and low levels with out hesitation	Is able to place a variety of body parts into high, middle and low levels with slight hesitation	Is able to place a variety of body parts into high, middle and low levels with difficulty	Cannot place a variety of body parts into high, middle and low levels at all	M-4	P-3	D-2	R-1
Without falling, walk forward and sideways on the length of a bench/beam	Able to walk forward and sideways the entire length of the beam	Able to walk forward and sideways the entire length of the beam reluctantly	Able to walk forward and sideways the entire length of the beam with assistance	Unable to walk forward and sideways the entire length of the beam at all	M-4	P-3	D-2	R-1

Assessment	Mastery = 4pts	Proficient = 3pts	Developing = 2pts	Review = 1pt	Total points(✓) =			
Roll sideways (right or left) without hesitating or stopping	Able to roll sideways without hesitation or stopping	Able to roll sideways with slight hesitation or stopping	Able to roll sideways with hesitation and stopping and needs assistance	Unable to roll sideways without hesitation or stopping	M-4	P-3	D-2	R-1
Toss a ball and catch it before it bounces twice	Can toss a ball and catch it before it bounces twice all the time	Can toss a ball and catch it before it bounces twice some of the time	Can rarely toss a ball and catch it before it bounces twice	Cannot toss a ball and catch it before it bounces twice	M-4	P-3	D-2	R-1
Demonstrate the difference between overhand and underhand throw	Able to demonstrate the difference between overhand and underhand throw every time without error	Able to demonstrate the difference between overhand and underhand throw with few errors	Able to demonstrate the difference between overhand and underhand throw with multiple errors	Unable to demonstrate the difference between overhand and underhand throw at all	M-4	P-3	D-2	R-1
Kick a stationary ball, using a smooth, continuous running approach prior to the kick	Can kick a stationary ball using a smooth, continuous running approach prior to the kick without errors	Can kick a stationary ball using a smooth, continuous running approach prior to the kick with few errors	Can kick a stationary ball using a smooth, continuous running approach prior to the kick with multiple errors	Cannot kick a stationary ball using a smooth, continuous running approach prior to the kick at all	M-4	P-3	D-2	R-1
Continuously jump a swinging rope held by others	Can continuously jump a swinging rope held by others without error	Can continuously jump a swinging rope held by others minimal error	Can continuously jump a swinging rope held by others multiple error	Cannot continuously jump a swinging rope held by others at all	M-4	P-3	D-2	R-1
Form round, narrow, wide, and twisted body shapes alone and with a partner	Can form round, narrow, wide, and twisted body shapes alone and with a partner	Can occasionally form round, narrow, wide, and twisted body shapes alone and with a partner	Can form round, narrow, wide, and twisted body shapes alone and with a partner with difficulty	Unable to perform form round, narrow, wide, and twisted body shapes alone and with a partner	M-4	P-3	D-2	R-1
Walk and run using a mature motor pattern	Walk and run using a mature motor pattern all of the time	Walk and run using a mature motor pattern some of the time	Rarely walks and runs using a mature motor pattern	Cannot walk and run using a mature motor pattern at all	M-4	P-3	D-2	R-1
Sustain moderate physical activity	Can sustain moderate physical activity all of the time	Can sustain moderate physical activity some of the time	Can rarely sustain moderate physical activity	Cannot sustain moderate physical activity at all	M-4	P-3	D-2	R-1
Participate in vigorous physical activity	Participates in vigorous activity all of the time	Participates in vigorous activity some of the time	Rarely participates in vigorous activity	Never participates in vigorous activity	M-4	P-3	D-2	R-1
Identify selected body parts, skill, and concepts	Can identify selected body parts, skill, and concepts all of the time	Can identify selected body parts, skill, and concepts some of the time	Can rarely identify selected body parts, skill, and concepts	Cannot identify selected body parts, skill, and concepts at all	M-4	P-3	D-2	R-1
Recognize that skill development required	Able to clearly recognize skill development is required	Recognizes with minor doubt that skill development is required	Recognizes with major doubt that skill development is required	Does not recognize at all the skill development is required	M-4	P-3	D-2	R-1
Recognize that physical activity is good personal well-being	Can always recognize that physical activity is good personal well-being	Can occasionally recognize that physical activity is good personal well-being	Can seldom recognize that physical activity is good personal well-being	Cannot ever recognize that physical activity is good personal well-being	M-4	P-3	D-2	R-1

State guidelines and behaviors for equipment and materials	Able to state guidelines and behaviors for equipment and materials every time	Able to state guidelines and behaviors for equipment and materials some of the time	Able to state guidelines and behaviors for equipment and materials rarely	Cannot state guidelines and behaviors for equipment and materials	M-4	P-3	D-2	R-1
Identify feelings that result from part physical activities	Expresses feelings that result from part physical activities with confidence	Expresses feelings that result from part physical activities with minimal hesitation	Infrequently expresses feelings that result from part physical activities	Does not express any emotions or feelings that result from part physical activities	M-4	P-3	D-2	R-1
Enjoy participation alone and with others	Enjoys participation alone and with others all the time	Enjoy participations alone and with others most of the time	Rarely enjoys participation alone and with others	Does not enjoy participating alone and with others	M-4	P-3	D-2	R-1
All students will utilize safe, efficient and effective movement to develop and maintain a healthy, active lifestyle	Utilizes safe, efficient and effective movement to develop and maintain a healthy active lifestyle	Generally utilizes safe, efficient and effective movement to develop and maintain a healthy active lifestyle	Rarely utilizes safe, efficient and effective movement to develop and maintain a healthy active lifestyle	Never utilizes safe, efficient and effective movement to develop and maintain a healthy active lifestyle	M-4	P-3	D-2	R-1
All students will apply health-related and skill related fitness concepts and skills to develop and maintain a healthy, active lifestyle	Applies health-related and skill related fitness concepts and skills to develop and maintain a health, active lifestyle	Most of the time applies health-related and skill related fitness concepts and skills to develop and maintain a health, active lifestyle	Some of the time applies health-related and skill related fitness concepts and skills to develop and maintain a health, active lifestyle	Never applies health-related and skill related fitness concepts and skills to develop and maintain a health, active lifestyle	M-4	P-3	D-2	R-1