

CRISIS RESOURCES (revised July 2016)

- ACCESS Outpatient Services @ St. Joseph's Hospital (for Deaf and Hard of Hearing), Voice 973-754-5595, Videophone/TTY 973-977-2294
<https://www.stjosephshealth.org/clinical-focuses/behavioral-health-services/item/1328-access>
- American Foundation for Suicide Prevention (AFSP), 1-888-333-2377 (National Offices), 1-202-449-3600 (Public Policy Offices), <http://www.afsp.org>
- American Association of Suicidology, 1-202-237-2280 <http://www.suicidology.org>
- American Psychological Association 1-800-374-2721 <http://www.apa.org>
- Arab American Counseling Services (MHPAC) in Clifton, NJ, Phone: 973-478-4444 ext. 12
<http://www.mhapassaic.org/programs/arab-american-counseling-services/>
- Association for Pet Loss and Bereavement, Email: apl@apl.org (no phone),
<http://www.aplb.org>
- Caring Contact, Inc: *Caring and Crisis* Hotline, Phone: 908-232-2880, Text: "heart" to 741-741,
<http://www.caringcontact.org>
- Child Trauma Academy, Phone: 1-866-943-9779, Email: cta@childtrauma.org,
<http://www.childtrauma.org>
- Comfort Zone Camp, Montclair office 201-867-2077/Main 1-866-488-5679
www.comfortzonecamp.org
- Division of Child Protection & Permanency (DCP&P) – Report Abuse: 1-877-NJ ABUSE, Local Offices in Paterson, NJ are 1) *Passaic Central Office* at 22 Mill Street, 973-977-4525 and 2) *Passaic North* at 100 Hamilton Plaza, 973-523-6090
- Dougy Center for Grieving Children, 1-866-775-5683, <http://www.dougy.org/>
- Family Intervention Services of Passaic County, 655 Broadway, Paterson NJ, 973-523-0089,
www.fisnj.org
- Family Support Organization of Passaic County, 3 Garret Mountain Road, Woodland Park NJ 973-427-0100
- Good Grief, Inc., Phone: 908-522-1999, Email: info@good-grief.org, <http://www.good-grief.org>
- Grief Speaks (*speaker*) Phone: 973-985-4503, Email: lisa@griefspeaks.com,
<http://www.griefspeaks.com>
- Half of Us /The JED Foundation, <http://www.halfofus.com>
- Imagine – A Center for Coping with Loss, Phone: 908 264-3100, <http://www.imageninj.org>
- Jersey Voice, Email: contactus@jerseyvoice.net, <http://www.jerseyvoice.net/about>
- Joshua Children's Foundation (*sexual abuse website*)
<http://www.joshuachildrensfoundation.org>
- Lighthouse Pregnancy Resource Center, 3 locations in Northern NJ (Paterson listed below), 75 Ellison Street Phone: 862-257-3820, Text: 201-677-2394, Email: help@lighthouseprc.org,
<http://lighthouseprc.org/>
- Mental Health Association in New Jersey 1-800-367-8850, Email: info@mhanj.org,
<http://www.mhanj.org>
- Mental Health Association in Passaic County. Phone: 973-478-4444 www.mhapassaic.org
- Mental Health Clinic of Passaic: Ida Gurtman Therapeutic Children's Program, Phone: 973-777-1403, Clifton: <http://www.mhcp.org/ida-gurtman-clifton.html>, Passaic: <http://www.mhcp.org/ida-gurtman-passaic.html>
- Mom 2 Mom helpline (for moms of children and adults with developmental disabilities), 1-877-914-6662
- M & S Psychotherapy and Counseling LLC, 1157 Main Street, Clifton, NJ, Phone: 973-341-9869,
<http://www.mnspsych.com/default.asp>
- National Alliance for Grieving Children, Phone: 1-866-432-1542, <http://www.childrengrieve.org>
- National Center on Addiction and Substance Abuse at Columbia University
www.casacolumbia.org
- National Alliance on Mental Illness – NJ (NAMI-NJ), Phone: 732-940-0991, Email: info@naminj.org, <http://www.naminj.org>

- National Center for Crisis Management ,1-800-810-7550, Email: info@nc-cm.org, <http://www.nc-cm.org>
- National Center for Post-Traumatic Stress Disorder -Veterans Crisis Line, 1-800-273-8255, <http://www.ptsd.va.gov>
- National Center For School Crisis & Bereavement St. Christopher’s Hospital for Children, 160 East Erie Avenue, Philadelphia, PA 19134, Phone: 877-536-2722 ,Email: info@grievingstudents.org, <http://www.schoolcrisiscenter.org/>
- National Child Traumatic Stress Network (NCTSN), <http://www.nctsn.org>
- National Domestic Violence Hotline, 1-800-799-7233 or 1-800-787-3224 (TTY), www.thehotline.org
- National Institute of Mental Health (NIMH) for publications <http://www.nimh.nih.gov/health/publications/index.shtml>
- National Human Trafficking Resource Center, Phone: 1-888-373-7888, Email: nhtrc@polarisproject.org, www.traffickingresourcecenter.org/
- National Runaway Safeline, 1-800-RUNAWAY (1-800-786-2929), <http://www.1800runaway.org>
- National Sexual Assault Hotline, 1-800-656-4673, <https://www.rainn.org/get-help/national-sexual-assault-hotline>
- National Suicide Prevention Lifeline 1-800-273-TALK (8255), www.suicidepreventionlifeline.org
- National Teen Dating Abuse Helpline, Phone:1-866-331-9474 or text “loveis” to 22522, <http://www.loveisrespect.org/>
- NJ Children’s System of Care (**PerformCare**) 1-877-652-7624, <http://www.performcarenj.org>
- NJ Community Resources <http://www.njcommunityresources.info/commres.html>
- NJ Division of Mental Health and Addiction Services (NJDMHAS), Email: dmhas@dhs.state.nj.us, <http://www.nj.gov/humanservices/dmhas/home/>
- NJ HOPELINE, 1-855-654-6735, <http://www.njhopeline.com/>
- NJ Mental Health Cares *helpline*, 1-866-202-4357 (M-F 8-8), <http://www.njmentalhealthcares.org>
- NJ Youth Resource Spot, <http://njyrs.org/>
- Partnership for Drug-Free Kids, 1-855-378-4373, <http://www.drugfree.org/get-help/>
- Passaic County Children’s Mobile Crisis Unit – 973-754-2230
- Passaic County Resource Net by Circle Of Care CMO, 973-942-4588, <http://www.passaicresourcenet.org/>
- Passaic County Women’s Center, 973-881-1450 (24/7), <http://passaiccountywomenscenter.org/>
- Prevention Links, Phone: 1-732-381-4100, Email: info@preventionlinks.org, www.preventionlinks.org
- Rainbows: *Support for Grieving Children (death, divorce, deployment, etc)*, Main: 1-847-952-1770, <http://www.rainbows.org>
- Raymond J. Lesniak RECOVERY HIGH SCHOOL, Contact: Ms. Syreeta McClain (coordinator) 908-737-5431, Email: smcclain@ucvts.tec.nj.us, <http://eshrecoveryschool.org/>
- ReachOut: Get Through Tough Times (*Facts and Information for families and teens – website available in English and Spanish*), 1- 800-448-3000, <http://us.reachout.com/>
- S.A.F.E. Alternatives – Self Abuse Finally Ends, Phone: 1-800-DONTCUT (1-800-366-8288), Email: info@selfinjury.com, <http://www.selfinjury.com/>
- Screening for Mental Health <http://www.mentalhealthscreening.org>
- 2nd FLOOR, NJ Youth Helpline, 1-888-222-2228 (24/7, text or call), <http://www.2ndfloor.org/>
- Sesame Workshop –Children’s Grief , Email only via weblink: <http://www.sesameworkshop.org/contact-us/>, <http://www.sesameworkshop.org/what-we-do/our-initiatives/when-families-grieve/>
- Self-Injury and Recovery Program at Cornell University, Phone: 1-607-255-6179, Email: self-injury@cornell.edu, <http://www.selfinjury.bctr.cornell.edu>
- Society for the Prevention of Teen Suicide, Contact via phone(732-410-7900) or online form at <http://www.sptsusa.org/contact-us/>, <http://www.sptsusa.org>

- St. Joseph's Psychiatric Emergency Services – 703 Main St., Paterson, NJ – 973-754-2230
- St. Joseph's Regional Medical Center – Outpatient Mental Health Clinic @ 56 Hamilton St., Paterson, NJ 07505, 973-754-4765, <https://www.stjosephshealth.org/clinical-focuses/behavioral-health-services/item/1332-outpatient-mental-health-clinic>
- St. Mary's Hospital Adolescent Partial Care Program (AWARE), 973-470-3176, <http://www.smh-nj.org>
- Substance Abuse and Mental Health Services Administration (SAMHSA) National Center for Trauma-Informed Care (NCTIC), Phone: 866-254-4819, Email: nctic@nasmhpd.org, <http://www.samhsa.gov/nctic>
- Suicide Prevention Resource Center (SPRC), 877-438-7772, <http://www.sprc.org>
- The Compassionate Friends (*child grief*), 1-877-969-0010 <http://www.compassionatefriends.org>
- The Jason Foundation, Phone: 1-888-881-2323, Email: contact@jasonfoundation.com, <http://jasonfoundation.com>
- Trevor Project, 1-866-488-7386, <http://www.thetrevorproject.org>
The Trevor Project is the leading national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender, and questioning youth.
- Training Institute for Suicide Assessment and Clinical Interviewing <http://www.suicideassessment.com>
- Traumatic Loss Coalitions for Youth, 732-235-2810, <http://ubhc.rutgers.edu/tlc>
- UCLA Center for Mental Health in Schools, <http://smhp.psych.ucla.edu>
- Wayne Counseling and Family Services Center, 973-694-1234, <http://waynecounselingcenter.org>
- YouthBuild @ Great Falls, 973-345-5516 ext. 19, <http://www.njcdc.org/~njcdc/what-we-do/page.php? Early-Childhood-Youth-Development-Great-Falls-YouthBuild-6>

PLEASE USE THE TWO RESOURCES BELOW **WHEN ACCESSING INFORMATION ON SUICIDE**

1). ***After a Suicide: A Toolkit for Schools*** addresses Objective 4.2 of the National Strategy for Suicide Prevention: Increase the proportion of school districts and private school associations with evidence-based programs designed to address serious childhood and adolescent distress and prevent suicide.

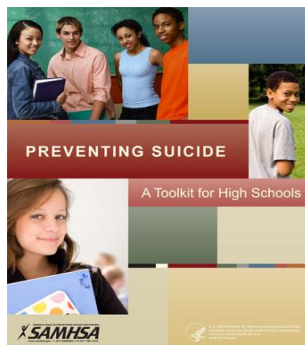


After a Suicide: A Toolkit for Schools

This toolkit is designed to assist schools in the aftermath of a suicide (or other death) in the school community. It is meant to serve as a practical resource for schools facing real-time crises to help them determine what to do, when, and how. The toolkit reflects consensus recommendations developed in consultation with a diverse group of national experts, including school-based personnel, clinicians, researchers, and crisis response professionals. It incorporates relevant existing material and research findings as well as references, templates, and links to additional information and assistance.

<http://www.sprc.org/webform/after-suicide-toolkit-schools>

2). ***Preventing Suicide: A Toolkit for High Schools*** aims at reducing the risk of suicide among high school students by providing school administrators, principals, mental health professionals, health educators, guidance counselors, nurses, student services coordinators, teachers and others guidelines for identifying teenagers at risk and resources for taking appropriate actions to provide help.



Preventing Suicide: A Toolkit for High Schools

This toolkit represents the best available evidence and expert opinion on preventing suicide among high school students. It provides schools with recommended steps and accompanying tools to guide them in creating and implementing strategies and programs that prevent teen suicide and promote behavioral health among their students.

A Toolkit for High Schools will help schools and their partners:

- Assess their ability to prevent suicide among students and respond to suicides that may occur.
- Understand strategies that can help students who are at risk for suicide.
- Understand how to respond to the suicide of a student or other member of the school community.
- Identify suicide prevention programs and activities that are effective for the needs of individual schools.
- Respond to the needs and cultures of each school's students.
- Integrate suicide prevention into activities that fulfill other aspects of the school's mission such as preventing the abuse of alcohol and other drugs.

<http://store.samhsa.gov/product/SMA12-4669>