

**Paterson Public Schools**  
**Division of Guidance & Counseling K-12**

**MENTAL HEALTH/CRISIS RESOURCES (revised May 2013)**

- Access Resource Center for Deaf and Hard of Hearing, 973-754-5590
- American Foundation for Suicide Prevention (AFSP) <http://www.afsp.org>
- Arab American Counseling Services (MHPAC) 973-478-4444
- Association for Pet Loss and Bereavement 718-382-0690 <http://www.aplb.org>
- Bereaved by Suicide, the only global resource devoted to connecting bereaved people, and those who want to help them <http://www.bereavedbysuicide.com>
- Child Trauma Academy <http://www.childtraumaacademy.org>
- Comfort Zone Camp, Montclair office 1-866-488-5679 x120 [www.comfortzonecamp.org](http://www.comfortzonecamp.org)
- Dougy National Center for Grieving Children <http://www.dougy.org>
- Good Grief, Inc., Summit, NJ 908-522-1999 <http://www.good-grief.org>
- Grief Speaks, 973-912-0177 <http://www.griefspeaks.com>
- Mental Health Association in New Jersey (MHANJ) <http://www.mhanj.org>
- Mental Health Association in Passaic County. 973-478-4444 [www.mhapassaic.org](http://www.mhapassaic.org)
- Mental Health Clinic of Passaic 973-777-1403 (Ida Gurtman Therapeutic Children's Program)
- M & S Psychotherapy and Counseling LLC, Totowa, NJ 973-341-9869
- National Alliance on Mental Illness-Child & Adolescent Action Center (NAMI-CAA)  
<http://www.nami.org>
- National Center for Post-Traumatic Stress Disorder <http://www.ptsd.va.gov>
- National Center on Addiction and Substance Abuse at Columbia University [www.casacolumbia.org](http://www.casacolumbia.org)
- National Center for Crisis Management 800-810-7550 <http://www.nc-cm.org>
- National Center For School Crisis & Bereavement  
<http://www.cincinnatichildrens.org/service/n/school-crisis/about>
- National Child Traumatic Stress Network (NCTSN) <http://www.nctsnet.org>
- National Institute of Mental Health (NIMH) for publications  
<http://www.nimh.nih.gov/health/publications/index.shtml>
- National Suicide Prevention Lifeline **1-800-273-TALK (8255)**
- NJ Division of Mental Health Services (NJDMHS)  
<http://www.state.nj.us/humanservices/dmhs/disaster>
- New Jersey Mental Health Cares helpline 1-866-202-4357 <http://www.njmentalhealthcares.org>
- NJ Children's System of Care (**Perform Care**) 1-877-652-7624 <http://www.performcarenj.org>
- Rainbows (800) 266-3206 <http://www.rainbows.org>
- Screening for Mental Health <http://www.mentalhealthscreening.org>
- 2<sup>nd</sup> FLOOR, NJ Youth Helpline 1-888-222-2228 <http://www.2ndfloor.org>
- Sesame Workshop <http://www.sesameworkshop.org/grief>
- Society for the Prevention of Teen Suicide <http://www.sptsusa.org>
- St. Joseph's Regional Medical Center – Outpatient Mental Health Clinic 973-754-4765 or 973-754-4762 (Spanish) – 56 & 60 Hamilton St., Paterson, NJ 07505
- Substance Abuse and Mental Health Services Administration (SAMHSA) National Center for Trauma-Informed Care (NCTIC) <http://www.samhsa.gov/nctic>
- Suicide Prevention Resource Center (SPRC) <http://www.sprc.org>
- Teen Screen-National Center for Mental Health Checkups@ Columbia University  
<http://teenscreen.org>
- The Compassionate Friends - 1-877-969-0010 <http://www.compassionatefriends.org>
- The Trevor Project 1-866-488-7386 <http://www.thetrevorproject.org>
- Training Institute for Suicide Assessment and Clinical Interviewing  
<http://www.suicideassessment.com>
- Traumatic Loss Coalitions for Youth 732-235-2810 <http://ubhc.umdny.edu/brti/tlc>
- UCLA Center for Mental Health in Schools <http://smhp.psych.ucla.edu>
- Wayne Counseling and Family Services Center 973-694-1234
- 1022 Hamburg Tpke., Wayne, NJ