

**Paterson Public Schools
Pre-Plated Lunch Menu K-8
JUNE 2017**

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Popcorn Chicken Bites W/Wheat Dinner Roll Diced Carrots (3/4 c) Fresh Orange Cold Milk	2 W/Wheat Grilled Cheese Sandwich Broccoli (3/4 c) Fresh Granny Smith Green Apple Cold Milk
5 Salisbury Steak W/Mashed Potatoes W/Wheat Dinner Roll Pineapple Tidbits (1/2 c) Cold Milk	6 Spaghetti w/ Meatballs W/Wheat Dinner Roll Zucchini (3/4 c) Mixed Fruit (1/2 c) Cold Milk	7 W/Wheat Cheese Quesadilla Black Beans (3/4 c) Diced Peach Cup (1/2 c) Cold Milk	8 WGR Chicken Nuggets W/Wheat Dinner Roll Sweet Potato Gems (3/4 c) Frozen Orange Fruit Bar Cold Milk	9 WGR Cheese Pizza Kale (3/4 c) Fresh Banana Cold Milk
12 Pizza Burger on a W/Wheat Bun Diced Carrots (3/4 c) Pineapple Tidbits (1/2 c) Cold Milk	13 WGR Fish Patty on a W/Wheat Bun French Fries (3/4 c) Tropical Fruit Mix (1/2 c) Cold Milk	14 Beef Hot Dog on a W/Wheat Bun Vegetarian Beans Diced Peach Cup (1/2 c) Cold Milk	15 WGR Pasta w/Meatsauce W/Wheat Dinner Roll Green Beans (3/4) Frozen Cherry Fruit Bar Cold Milk	16 W/Wheat Grilled Cheese Sandwich Broccoli (3/4c) Fresh Pear Cold Milk
19 Cheeseburger on a W/Wheat Bun French Fries (3/4 c) Pineapple Tidbits (1/2 c) Cold Milk	20 WGR Chicken & Cheese Burrito Kidney Beans (3/4 c) Mixed Fruit (1/2 c) Cold Milk	21 WGR Chicken Parm. on a W/Wheat Bun Sweet Potato Gems (3/4 c) Applesauce Cup (1/2 c) Cold Milk	22 WGR Mini Corn Dogs Zucchini (3/4 c) Green Beans (3/4) Frozen Orange Juice Bar Cold Milk	23 WGR Cheese Pizza Kale (3/4 c) Fresh Apple Cold Milk
26	27	28	29	30

Menu subject to change without notice

8 oz of milk served daily: Choices: 1% White, Fat Free Chocolate & Strawberry Milk

Note: WGR=Whole Grain Rich

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