

HIGH SCHOOL MENU 2017

May 1, 2, 3, 4, 5

Monday 1	Tuesday 2	Wednesday 3	Thursday 4	Friday 5
Cheese Steak W/ Peppers and Onions on a WGR Sub Roll Broccoli (3/4 c) Garbanzo Beans W/ Greens and Turkey Bacon/3/4 c) * New	Baked Chicken W/Wheat Dinner Roll Redskin Roasted Potatoes (3/4 c) Diced Carrots (3/4 c	Meatball Sub Multi Bean Salad (3/4 c) * Green Beans (3/4 c)	Beef Taco Stick (salsa optional) Corn (3/4 c) Sweet Potato (3/4)	WGR Cheese Calzone Brussels Sprouts (3/4 c) Spinach (3/4 c)
				WG Buffalo Pizza Brussels Sprouts (3/4 c) Spinach (3/4 c)
Italian Sub Broccoli (3/4 c) Garbanzo Beans W/ Greens and Turkey Bacon/3/4 c) * New	Turkey & Cheese Sandwich WGR Kaiser Roll Sweet Plantains (3/4 c) Diced Carrots (3/4 c	Turkey & Cheese Sandwich WGR Kaiser Roll Multi Bean Salad (3/4 c) * Green Beans (3/4 c)	Italian Sub Corn (3/4 c) Sweet Potato Gems (3/4	Tuna Sub on a 6 “ Sub Roll Brussels Sprouts (3/4 c) Spinach (3/4 c)
Veggie Burger on a Whole Wheat Bun Broccoli (3/4 c) Garbanzo Beans W/ Greens and Turkey Bacon/3/4 c) * New	Cheese Lasagna Whole Wheat Dinner Roll Sweet Plantains (3/4 c) Diced Carrots (3/4 c	Bean & Cheese Wrap Black Multi Bean Salad (3/4 Green Beans (3/4 c)	Black Bean Burger on a Whole Wheat Bun Corn (3/4 c) Sweet Potato Gems (3/4	Veggie Burger on a Whole Wheat Bun Brussels Sprouts (3/4 c) Spinach (3/4 c)
Crispy Chicken Salad W/Whole Wheat Dinner Roll	Chicken Fajita Salad W/Whole Wheat Dinner Roll	Tuna Salad W/Whole Wheat Dinner Roll	Chef Salad W/Whole Wheat Dinner Roll	Crispy Chicken Salad W/Whole Wheat Dinner Roll
Assorted Chilled Canned Fruit Assorted Fresh Fruit 1 Cup	Assorted Chilled Canned Fruit Assorted Fresh Fruit 1 Cup	Assorted Chilled Canned Fruit Assorted Fresh Fruit 1 Cup	Assorted Chilled Canned Fruit Assorted Fresh Fruit 1 Cup	Assorted Chilled Canned Fruit Assorted Fresh Fruit 1 Cup
1% Milk Fat Free Chocolate/ Strawberry	1% Milk Fat Free Chocolate/ Strawberry	1% Milk Fat Free Chocolate/ Strawberry	1% Milk Fat Free Chocolate/ Strawberry	1% Milk Fat Free Chocolate/ Strawberry

**Paterson Public Schools is an equal opportunity provider
Paterson Public Schools es un proveedor y empleador que ofrece igualdad de oportunidades**

HIGH SCHOOL MENU 2017

May 8, 9, 10, 11, 12

Monday 8	Tuesday 9	Wednesday 10	Thursday 11	Friday 12
Mini Cheeseburgers on W/Wheat Buns Sweet Plantains (3/4 C Garbanzo Beans W/ Greens and Turkey Bacon/3/4 c)	Loaded Baked Potato (Turkey Taco Meat, Cheddar Cheese) W/Wheat Dinner Roll Broccoli (3/4 c) Diced Carrots (3/4 c	Tangerine Chicken w/ Vegetable Fried Rice Multi Bean Salad (3/4 c) * Green Beans (3/4 c)	Breaded Chicken Fillet w/Cheddar Cheese on a WGR Kaiser Roll S/S Fries (3/4 c) Sweet Potato Gems (3/4)	WG Buffalo Pizza Brussels Sprouts (3/4 c) Spinach (3/4 c)
				6” Personal Round Pizza Sprouts (3/4 c) Spinach (3/4 c
Italian Sub Sweet Plantains (3/4 C Garbanzo Beans W/ Greens and Turkey Bacon/3/4 c) * New	Turkey & Cheese Sandwich WGR Kaiser Roll Broccoli (3/4 c) Diced Carrots (3/4 c	Turkey & Cheese Sandwich WGR Kaiser Roll Multi Bean Salad (3/4 c) * Green Beans (3/4 c)	Italian Sub S/S Fries (3/4 c) Sweet Potato Gems (3/4)	Tuna Sub on a 6 “ Sub Roll Brussels Sprouts (3/4 c) Spinach (3/4 c)
Veggie Burger on a Whole Wheat Bun Sweet Plantains (3/4 C Garbanzo Beans W/ Greens and Turkey Bacon/3/4 c) * New	Cheese Lasagna Whole Wheat Dinner Roll Sweet Plantains (3/4 c) Diced Carrots (3/4 c	Bean & Cheese Wrap Black Multi Bean Salad (3/4 Green Beans (3/4 c)	Black Bean Burger on a Whole Wheat Bun S/S Fries (3/4 c) Sweet Potato Gems (3/4)	Veggie Burger on a Whole Wheat Bun Brussels Sprouts (3/4 c) Spinach (3/4 c)
Crispy Chicken Salad W/Whole Wheat Dinner Roll	Chicken Fajita Salad W/Whole Wheat Dinner Roll	Tuna Salad W/Whole Wheat Dinner Roll	Chef Salad W/Whole Wheat Dinner Roll	Crispy Chicken Salad W/Whole Wheat Dinner Roll
Assorted Chilled Canned Fruit Assorted Fresh Fruit 1 Cup	Assorted Chilled Canned Fruit Assorted Fresh Fruit 1 Cup	Assorted Chilled Canned Fruit Assorted Fresh Fruit 1 Cup	Assorted Chilled Canned Fruit Assorted Fresh Fruit 1 Cup	Assorted Chilled Canned Fruit Assorted Fresh Fruit 1 Cup
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HIGH SCHOOL MENU 2017

May 15, 16, 17, 18, 19

Monday 15	Tuesday 16	Wednesday 17	Thursday 18	Friday 19
Cheddar Burger W/Turkey Bacon (2 Strips) on a Whole Wheat Bun Broccoli (3/4 c) Garbanzo Beans W/ Greens and Turkey Bacon/3/4 c) * New	Mini Beef BBQ Rib Sandwiches on W/Wheat Buns (7022) Sweet Plantains (3/4 c) Diced Carrots (3/4 c	Breaded Chicken Wings (4 pcs) W/Wheat Dinner Roll Multi Bean Salad (3/4 c) * Green Beans (3/4 c)	Chicken Fajita Wrap With(cheddar cheese, peppers and onions) Salsa optional Corn (3/4 c) Sweet Potato Gems (3/4)	WG Buffalo Pizza Brussels Sprouts (3/4 c) Spinach (3/4 c)
				6” Personal Round Pizza Sprouts (3/4 c) Spinach (3/4 c
Italian Sub Broccoli (3/4 c) Garbanzo Beans W/ Greens and Turkey Bacon/3/4 c) * New	Turkey & Cheese Sandwich WGR Kaiser Roll Sweet Plantains (3/4 c) Diced Carrots (3/4 c	Turkey & Cheese Sandwich WGR Kaiser Roll Multi Bean Salad (3/4 c) * Green Beans (3/4 c)	Italian Sub Corn (3/4 c) Sweet Potato Gems (3/4	Tuna Sub on a 6 “ Sub Roll Brussels Sprouts (3/4 c) Spinach (3/4 c)
Veggie Burger on a Whole Wheat Bun Broccoli (3/4 c) Garbanzo Beans W/ Greens and Turkey Bacon/3/4 c) * New	Cheese Lasagna Whole Wheat Dinner Roll Sweet Plantains (3/4 c) Diced Carrots (3/4 c	Bean & Cheese Wrap Black Multi Bean Salad (3/4 c) * Green Beans (3/4 c)	Black Bean Burger on a Whole Wheat Bun Corn (3/4 c) Sweet Potato Gems (3/4	Veggie Burger on a Whole Wheat Bun Brussels Sprouts (3/4 c) Spinach (3/4 c)
Crispy Chicken Salad W/Whole Wheat Dinner Roll	Tuna Salad W/Whole Wheat Dinner Roll	Chicken Fajita Salad W/Whole Wheat Dinner Roll	Chef Salad W/Whole Wheat Dinner Roll	Crispy Chicken Salad W/Whole Wheat Dinner Roll
Assorted Chilled Canned Fruit Assorted Fresh Fruit 1 Cup	Assorted Chilled Canned Fruit Assorted Fresh Fruit 1 Cup	Assorted Chilled Canned Fruit Assorted Fresh Fruit 1 Cup	Assorted Chilled Canned Fruit Assorted Fresh Fruit 1 Cup	Assorted Chilled Canned Fruit Assorted Fresh Fruit 1 Cup
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HIGH SCHOOL MENU 2017

May 22, 23, 24, 25, 26

Monday 22	Tuesday 23	Wednesday 24	Thursday 25	Friday 26
Cheese Steak W/ Peppers and Onions on a WGR Sub Roll Broccoli (3/4 c) Garbanzo Beans W/ Greens and Turkey Bacon/3/4 c) * New	Baked Chicken W/Wheat Dinner Roll Redskin Roasted Potatoes (3/4 c) Diced Carrots (3/4 c	Meatball Sub Multi Bean Salad (3/4 c) * Green Beans (3/4 c)	Beef Taco Stick (salsa optional) Corn (3/4 c) Sweet Potato (3/4)	WGR Cheese Calzone Brussels Sprouts (3/4 c) Spinach (3/4 c)
				WG Buffalo Pizza Brussels Sprouts (3/4 c) Spinach (3/4 c)
Italian Sub Broccoli (3/4 c) Garbanzo Beans W/ Greens and Turkey Bacon/3/4 c) * New	Turkey & Cheese Sandwich WGR Kaiser Roll Sweet Plantains (3/4 c) Diced Carrots (3/4 c	Turkey & Cheese Sandwich WGR Kaiser Roll Multi Bean Salad (3/4 c) * Green Beans (3/4 c)	Italian Sub Corn (3/4 c) Sweet Potato Gems (3/4	Tuna Sub on a 6 “ Sub Roll Brussels Sprouts (3/4 c) Spinach (3/4 c)
Veggie Burger on a Whole Wheat Bun Broccoli (3/4 c) Garbanzo Beans W/ Greens and Turkey Bacon/3/4 c) * New	Cheese Lasagna Whole Wheat Dinner Roll Sweet Plantains (3/4 c) Diced Carrots (3/4 c	Bean & Cheese Wrap Black Multi Bean Salad (3/4 Green Beans (3/4 c)	Black Bean Burger on a Whole Wheat Bun Corn (3/4 c) Sweet Potato Gems (3/4	Veggie Burger on a Whole Wheat Bun Brussels Sprouts (3/4 c) Spinach (3/4 c)
Crispy Chicken Salad W/Whole Wheat Dinner Roll	Chicken Fajita Salad W/Whole Wheat Dinner Roll	Tuna Salad W/Whole Wheat Dinner Roll	Chef Salad W/Whole Wheat Dinner Roll	Crispy Chicken Salad W/Whole Wheat Dinner Roll
Assorted Chilled Canned Fruit Assorted Fresh Fruit 1 Cup	Assorted Chilled Canned Fruit Assorted Fresh Fruit 1 Cup	Assorted Chilled Canned Fruit Assorted Fresh Fruit 1 Cup	Assorted Chilled Canned Fruit Assorted Fresh Fruit 1 Cup	Assorted Chilled Canned Fruit Assorted Fresh Fruit 1 Cup
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