

HIGH SCHOOL MENU 2017

May 30, 31, June 1, 2

| Monday 29 | Tuesday 30 | Wednesday 31 | Thursday 1 | Friday 2 |
|-----------------------------------|---|--|--|--|
| SCHOOLS ARE CLOSED | Mini Cheeseburgers on W/Wheat Buns Sweet Plantains (3/4 C Garbanzo Beans W/ Greens and Turkey Bacon/3/4 c) | Loaded Baked Potato (Turkey Taco Meat, Cheddar Cheese) W/Wheat Dinner Roll Broccoli (3/4 c) Diced Carrots (3/4 c | Breaded Chicken Fillet Turkey Bacon and Cheddar Cheese on a WGR Kaiser Roll S/S Fries (3/4 c) Sweet Potato Gems (3/4) | WG Buffalo Pizza Brussels Sprouts (3/4 c) Spinach (3/4 c) |
| | | | | 6” Personal Round Pizza Sprouts (3/4 c) Spinach (3/4 c |
| | Italian Sub Sweet Plantains (3/4 C Garbanzo Beans W/ Greens and Turkey Bacon/3/4 c) * New | Turkey & Cheese Sandwich WGR Kaiser Roll Broccoli (3/4 c) Diced Carrots (3/4 c | Italian Sub S/S Fries (3/4 c) Sweet Potato Gems (3/4) | Tuna Sub on a 6 “ Sub Roll Brussels Sprouts (3/4 c) Spinach (3/4 c) |
| | Veggie Burger on a Whole Wheat Bun Sweet Plantains (3/4 C Garbanzo Beans W/ Greens and Turkey Bacon/3/4 c) * New | Cheese Lasagna Whole Wheat Dinner Roll Sweet Plantains (3/4 c) Diced Carrots (3/4 c | Black Bean Burger on a Whole Wheat Bun S/S Fries (3/4 c) Sweet Potato Gems (3/4) | Veggie Burger on a Whole Wheat Bun Brussels Sprouts (3/4 c) Spinach (3/4 c) |
| | Crispy Chicken Salad W/Whole Wheat Dinner Roll | Chicken Fajita Salad W/Whole Wheat Dinner Roll | Chef Salad W/Whole Wheat Dinner Roll | Crispy Chicken Salad W/Whole Wheat Dinner Roll |
| | Assorted Chilled Canned Fruit Assorted Fresh Fruit 1 Cup | Assorted Chilled Canned Fruit Assorted Fresh Fruit 1 Cup | Assorted Chilled Canned Fruit Assorted Fresh Fruit 1 Cup | Assorted Chilled Canned Fruit Assorted Fresh Fruit 1 Cup |
| | 1% Milk Fat Free Chocolate/ Strawberry | 1% Milk Fat Free Chocolate/ Strawberry | 1% Milk Fat Free Chocolate/ Strawberry | 1% Milk Fat Free Chocolate/ Strawberry |

**Paterson Public Schools is an equal opportunity provider
Paterson Public Schools es un proveedor y empleador que ofrece igualdad de oportunidades**

HIGH SCHOOL MENU 2017

June 5,6,7,8,9

| Monday 5 | Tuesday 6 | Wednesday 7 | Thursday 8 | Friday 9 |
|---|--|---|---|--|
| Cheese Steak W/ Peppers and Onions on a WGR Sub Roll Broccoli (3/4 c) Garbanzo Beans W/ Greens and Turkey Bacon/3/4 c) * New | Baked Chicken W/Wheat Dinner Roll Redskin Roasted Potatoes (3/4 c) Diced Carrots (3/4 c | Mini Beef BBQ Rib Sandwiches on W/Wheat Buns (7022) Multi Bean Salad (3/4 c) * Green Beans (3/4 c) | Chicken Fajita Wrap With (cheddar cheese, peppers and onions) Salsa optional Corn (3/4 c) Sweet Potato (3/4) | WGR Cheese Calzone Brussels Sprouts (3/4 c) Spinach (3/4 c) |
| | | | | WG Buffalo Pizza Brussels Sprouts (3/4 c) Spinach (3/4 c) |
| Italian Sub Broccoli (3/4 c) Garbanzo Beans W/ Greens and Turkey Bacon/3/4 c) * New | Turkey & Cheese Sandwich WGR Kaiser Roll Sweet Plantains (3/4 c) Diced Carrots (3/4 c | Turkey & Cheese Sandwich WGR Kaiser Roll Multi Bean Salad (3/4 c) * Green Beans (3/4 c) | Italian Sub Corn (3/4 c) Sweet Potato Gems (3/4 | Tuna Sub on a 6 “ Sub Roll Brussels Sprouts (3/4 c) Spinach (3/4 c) |
| Veggie Burger on a Whole Wheat Bun Broccoli (3/4 c) Garbanzo Beans W/ Greens and Turkey Bacon/3/4 c) * New | Cheese Lasagna Whole Wheat Dinner Roll Sweet Plantains (3/4 c) Diced Carrots (3/4 c | Bean & Cheese Wrap Black Multi Bean Salad (3/4 Green Beans (3/4 c) | Black Bean Burger on a Whole Wheat Bun Corn (3/4 c) Sweet Potato Gems (3/4 | Veggie Burger on a Whole Wheat Bun Brussels Sprouts (3/4 c) Spinach (3/4 c) |
| Crispy Chicken Salad W/Whole Wheat Dinner Roll | Chicken Fajita Salad W/Whole Wheat Dinner Roll | Tuna Salad W/Whole Wheat Dinner Roll | Chef Salad W/Whole Wheat Dinner Roll | Crispy Chicken Salad W/Whole Wheat Dinner Roll |
| Assorted Chilled Canned Fruit Assorted Fresh Fruit 1 Cup | Assorted Chilled Canned Fruit Assorted Fresh Fruit 1 Cup | Assorted Chilled Canned Fruit Assorted Fresh Fruit 1 Cup | Assorted Chilled Canned Fruit Assorted Fresh Fruit 1 Cup | Assorted Chilled Canned Fruit Assorted Fresh Fruit 1 Cup |
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HIGH SCHOOL MENU 2017

JUNE 12, 13, 14, 15, 16

| Monday 12 | Tuesday 13 | Wednesday 14 | Thursday 15 | Friday 16 |
|---|---|--|---|--|
| Mini Cheeseburgers on W/Wheat Buns Broccoli (3/4 c) Garbanzo Beans W/ Greens and Turkey Bacon/3/4 c) | WGR Chicken Bites W/Wheat Dinner Roll Sweet Plantains (3/4 c) Diced Carrots (3/4 c) | Loaded Baked Potato (Turkey Taco Meat, Cheddar Cheese) Multi Bean Salad (3/4 c) * Green Beans (3/4 c) | Breaded Chicken Fillet Turkey Bacon and Cheddar Cheese on a WGR Kaiser Roll Corn (3/4 c) Sweet Potato Gems (3/4) | WG Buffalo Pizza Brussels Sprouts (3/4 c) Spinach (3/4 c) |
| | | | | 6” Personal Round Pizza Sprouts (3/4 c) Spinach (3/4 c) |
| Italian Sub Broccoli (3/4 c) Garbanzo Beans W/ Greens and Turkey Bacon/3/4 c) | Turkey & Cheese Sandwich WGR Kaiser Roll Sweet Plantains (3/4 c) Diced Carrots (3/4 c) | Turkey & Cheese Sandwich WGR Kaiser Roll Multi Bean Salad (3/4 c) * Green Beans (3/4 c) | Italian Sub Corn (3/4 c) Sweet Potato Gems (3/4) | Tuna Sub on a 6 “ Sub Roll Brussels Sprouts (3/4 c) Spinach (3/4 c) |
| Veggie Burger on a Whole Wheat Bun Broccoli (3/4 c) Garbanzo Beans W/ Greens and Turkey Bacon/3/4 c) | Cheese Lasagna Whole Wheat Dinner Roll Sweet Plantains (3/4 c) Diced Carrots (3/4 c) | Bean & Cheese Wrap Black Multi Bean Salad (3/4) Green Beans (3/4 c) | Black Bean Burger on a Whole Wheat Bun Corn (3/4 c) Sweet Potato Gems (3/4) | Veggie Burger on a Whole Wheat Bun Brussels Sprouts (3/4 c) Spinach (3/4 c) |
| Crispy Chicken Salad W/Whole Wheat Dinner Roll | Chicken Fajita Salad W/Whole Wheat Dinner Roll | Tuna Salad W/Whole Wheat Dinner Roll | Chef Salad W/Whole Wheat Dinner Roll | Crispy Chicken Salad W/Whole Wheat Dinner Roll |
| Assorted Chilled Canned Fruit Assorted Fresh Fruit 1 Cup | Assorted Chilled Canned Fruit Assorted Fresh Fruit 1 Cup | Assorted Chilled Canned Fruit Assorted Fresh Fruit 1 Cup | Assorted Chilled Canned Fruit Assorted Fresh Fruit 1 Cup | Assorted Chilled Canned Fruit Assorted Fresh Fruit 1 Cup |
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HIGH SCHOOL MENU 2017

June 19, 20, 21, 22, 23

| Monday 19 | Tuesday 20 | Wednesday 21 | Thursday 22 | Friday 23 |
|---|--|---|---|--|
| Cheese Steak W/ Peppers and Onions on a WGR Sub Roll Broccoli (3/4 c) Garbanzo Beans W/ Greens and Turkey Bacon/3/4 c) * New | Baked Chicken W/Wheat Dinner Roll Redskin Roasted Potatoes (3/4 c) Diced Carrots (3/4 c | Mini Beef BBQ Rib Sandwiches on W/Wheat Buns (7022) Multi Bean Salad (3/4 c) * Green Beans (3/4 c) | Meatball Sub Corn (3/4 c) Sweet Potato (3/4) | WGR Cheese Calzone Brussels Sprouts (3/4 c) Spinach (3/4 c) |
| | | | | WG Buffalo Pizza Brussels Sprouts (3/4 c) Spinach (3/4 c) |
| Italian Sub Broccoli (3/4 c) Garbanzo Beans W/ Greens and Turkey Bacon/3/4 c) * New | Turkey & Cheese Sandwich WGR Kaiser Roll Sweet Plantains (3/4 c) Diced Carrots (3/4 c | Turkey & Cheese Sandwich WGR Kaiser Roll Multi Bean Salad (3/4 c) * Green Beans (3/4 c) | Italian Sub Corn (3/4 c) Sweet Potato Gems (3/4 | Tuna Sub on a 6 “ Sub Roll Brussels Sprouts (3/4 c) Spinach (3/4 c) |
| Veggie Burger on a Whole Wheat Bun Broccoli (3/4 c) Garbanzo Beans W/ Greens and Turkey Bacon/3/4 c) * New | Cheese Lasagna Whole Wheat Dinner Roll Sweet Plantains (3/4 c) Diced Carrots (3/4 c | Bean & Cheese Wrap Black Multi Bean Salad (3/4 Green Beans (3/4 c) | Black Bean Burger on a Whole Wheat Bun Corn (3/4 c) Sweet Potato Gems (3/4 | Veggie Burger on a Whole Wheat Bun Brussels Sprouts (3/4 c) Spinach (3/4 c) |
| Crispy Chicken Salad W/Whole Wheat Dinner Roll | Chicken Fajita Salad W/Whole Wheat Dinner Roll | Tuna Salad W/Whole Wheat Dinner Roll | Chef Salad W/Whole Wheat Dinner Roll | Crispy Chicken Salad W/Whole Wheat Dinner Roll |
| Assorted Chilled Canned Fruit Assorted Fresh Fruit 1 Cup | Assorted Chilled Canned Fruit Assorted Fresh Fruit 1 Cup | Assorted Chilled Canned Fruit Assorted Fresh Fruit 1 Cup | Assorted Chilled Canned Fruit Assorted Fresh Fruit 1 Cup | Assorted Chilled Canned Fruit Assorted Fresh Fruit 1 Cup |
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