

# Spanish Curriculum



## Grade 5: Unit Three

Title: Healthy Living

## *Course Description*

### **Philosophy**

Paterson Public Schools is committed to seeing that all students progress and develop the required skills to support second language acquisition. At the completion of a strong series of course studies, students will be able to:

- Demonstrate knowledge of vocabulary pertaining to thematic unit contexts
- Express thoughts and ideas on a variety of topics
- Move progressively from simple sentence structures to a more complex use of verbs, adjectives, adverbs, richer expressions, etc.
- Rely on background knowledge to develop fluency in the second language related to their daily lives, families, and communities
- Compose short dialogues, stories and narratives, on a variety of topics
- Describe the products, practices and perspectives of the target culture
- Read, listen, and understand age-appropriate authentic materials presented by natives for natives, as well as familiar materials translated from English into the target language
- Become global citizens, understanding and respecting cultural differences, and promoting acceptance of all people from all cultures

## Overview

The Spanish Program at Paterson Public Schools will focus on acquiring communication skills and cultural exposure. It is divided into four units of study and encompasses the N.J.C.C.C. Standards for World Languages which address the need to prepare all students for an interdependent world.

The World Languages units for Grade 4 consist of the following four thematic units of study:

Unit 1: Home and Community

Unit 2: Celebrations!

Unit 3: Healthy living

Unit 4: Living in the 21<sup>st</sup> century

### Pacing Chart – Unit 3

#	Student Learning Objective	CCSS	9 weeks
1	Students demonstrate knowledge of body parts in Spanish.	<b>7.1.NM.B.4</b> <b>7.1.NM.C.3</b> <b>7.1.NM.C.4</b> <b>7.1.NM.A.4</b>	
2	Students demonstrate ability to describe and discuss healthy habits to lead a healthy life.	<b>7.1.NM.B.4</b> <b>7.1.NM.A.1</b> <b>7.1.NM.C.4</b>	
3	Students demonstrate their knowledge and ability to plan healthy daily routines.	<b>7.1.NM.B.4</b> <b>7.1.NM.A.4</b> <b>7.1.NM.C.4</b>	

**Effective Pedagogical Routines/Instructional Strategies**

Modeling

Shared Read Alouds

Collaborative problem solving

Model (I Do), Prompt (We Do), Check (You Do)

Whole class discussions

Storytelling

Role playing/Dramatization

Multiple Response Strategies

Think Pair Share

Turn and Talk

Choral reading

Reading partners

Charting

Visuals

Writing to learn

Rereading & rewriting

Interviews

Gallery walks

Diagrams, charts and graphs

Flash cards

Word Study Drills

Note taking

Coaching

Reader's/Writer's Notebooks

Quick writes

Establishing text-based norms for discussions & writing

Establishing metacognitive reflection & articulation as a regular pattern in learning

# Educational Technology Standards

8.1.5.A.1, 8.1.5.A.2, 8.1.5.A.3, 8.1.5.B.1, 8.1.5.C.1, 8.1.5.D.1, 8.1.5.D.2, 8.1.5.D.3, 8.1.5.D.4, 8.1.5.E.1, 8.1.5.F.1

## ➤ **Technology Operations and Concepts**

- Select and use the appropriate digital tools and resources to accomplish a variety of tasks including solving problems.
- Format a document using a word processing application to enhance text and include graphics, symbols and/or pictures.
- Use a graphic organizer to organize information about a problem or issue.

## ➤ **Creativity and Innovation**

- Collaborate to produce a digital story about a significant local event or issue based on first-person interviews.

## ➤ **Communication and Collaboration**

- Engage in online discussion with learners of other cultures to investigate a worldwide issue from multiple perspectives and sources, evaluate findings and present possible solutions, using digital tools and online resources for all steps.

## ➤ **Digital Citizenship**

- Understand the need for and use of copyrights.
- Analyze the resources citations in online materials for proper use.
- Demonstrate an understanding of the need to practice cyber safety, cyber security, and cyber ethics when using technologies and social media
- Understand digital citizenship and demonstrate an understanding of the personal consequences of inappropriate use of technology and social media.

## ➤ **Research and Information Literacy**

- Use digital tools to research and evaluate the accuracy of, relevance to, and appropriateness of using print and non-print electronic information sources to complete a variety of tasks.

## ➤ **Critical Thinking, Problem Solving, Decision Making**

- Apply digital tools to collect, organize, and analyze data that support a scientific finding.

## Computer Skills

### Basic Computer Skills

- Turn on the monitor
- Turn off the monitor
- Turn on the computer
- Turn off the computer
- Verbally identify computer parts:
  - Computer
  - Monitor
  - Screen
  - Keyboard
  - Mouse
  - Mouse pad
- Use the mouse
- Locate alphabet letters

### Programs

- Kids Works Deluxe
- Microsoft Word
- Internet Explorer



## Career Ready Practices

Career Ready Practices describe the career-ready skills that all educators in all content areas should seek to develop in their students. They are practices that have been linked to increase college, career, and life success. Career Ready Practices should be taught and reinforced in all career exploration and preparation programs with increasingly higher levels of complexity and expectation as a student advances through a program of study.

### **CRP1. Act as a responsible and contributing citizen and employee**

Career-ready individuals understand the obligations and responsibilities of being a member of a community, and they demonstrate this understanding every day through their interactions with others. They are conscientious of the impacts of their decisions on others and the environment around them. They think about the near-term and long-term consequences of their actions and seek to act in ways that contribute to the betterment of their teams, families, community and workplace. They are reliable and consistent in going beyond the minimum expectation and in participating in activities that serve the greater good.

### **CRP2. Apply appropriate academic and technical skills.**

Career-ready individuals readily access and use the knowledge and skills acquired through experience and education to be more productive. They make connections between abstract concepts with real-world applications, and they make correct insights about when it is appropriate to apply the use of an academic skill in a workplace situation

### **CRP3. Attend to personal health and financial well-being.**

Career-ready individuals understand the relationship between personal health, workplace performance and personal well-being; they act on that understanding to regularly practice healthy diet, exercise and mental health activities. Career-ready individuals also take regular action to contribute to their personal financial wellbeing, understanding that personal financial security provides the peace of mind required to contribute more fully to their own career success.

## Career Ready Practices

### **CRP4. Communicate clearly and effectively and with reason.**

Career-ready individuals communicate thoughts, ideas, and action plans with clarity, whether using written, verbal, and/or visual methods. They communicate in the workplace with clarity and purpose to make maximum use of their own and others' time. They are excellent writers; they master conventions, word choice, and organization, and use effective tone and presentation skills to articulate ideas. They are skilled at interacting with others; they are active listeners and speak clearly and with purpose. Career-ready individuals think about the audience for their communication and prepare accordingly to ensure the desired outcome.

### **CRP5. Consider the environmental, social and economic impacts of decisions.**

Career-ready individuals understand the interrelated nature of their actions and regularly make decisions that positively impact and/or mitigate negative impact on other people, organization, and the environment. They are aware of and utilize new technologies, understandings, procedures, materials, and regulations affecting the nature of their work as it relates to the impact on the social condition, the environment and the profitability of the organization.

### **CRP6. Demonstrate creativity and innovation.**

Career-ready individuals regularly think of ideas that solve problems in new and different ways, and they contribute those ideas in a useful and productive manner to improve their organization. They can consider unconventional ideas and suggestions as solutions to issues, tasks or problems, and they discern which ideas and suggestions will add greatest value. They seek new methods, practices, and ideas from a variety of sources and seek to apply those ideas to their own workplace. They take action on their ideas and understand how to bring innovation to an organization.

### **CRP7. Employ valid and reliable research strategies.**

Career-ready individuals are discerning in accepting and using new information to make decisions, change practices or inform strategies. They use reliable research process to search for new information. They evaluate the validity of sources when considering the use and adoption of external information or practices in their workplace situation.

## Career Ready Practices

### **CRP8. Utilize critical thinking to make sense of problems and persevere in solving them.**

Career-ready individuals readily recognize problems in the workplace, understand the nature of the problem, and devise effective plans to solve the problem. They are aware of problems when they occur and take action quickly to address the problem; they thoughtfully investigate the root cause of the problem prior to introducing solutions. They carefully consider the options to solve the problem. Once a solution is agreed upon, they follow through to ensure the problem is solved, whether through their own actions or the actions of others.

### **CRP9. Model integrity, ethical leadership and effective management.**

Career-ready individuals consistently act in ways that align personal and community-held ideals and principles while employing strategies to positively influence others in the workplace. They have a clear understanding of integrity and act on this understanding in every decision. They use a variety of means to positively impact the directions and actions of a team or organization, and they apply insights into human behavior to change others' action, attitudes and/or beliefs. They recognize the near-term and long-term effects that management's actions and attitudes can have on productivity, morals and organizational culture.

### **CRP10. Plan education and career paths aligned to personal goals.**

Career-ready individuals take personal ownership of their own education and career goals, and they regularly act on a plan to attain these goals. They understand their own career interests, preferences, goals, and requirements. They have perspective regarding the pathways available to them and the time, effort, experience and other requirements to pursue each, including a path of entrepreneurship. They recognize the value of each step in the education and experiential process, and they recognize that nearly all career paths require ongoing education and experience. They seek counselors, mentors, and other experts to assist in the planning and execution of career and personal goals.

### **CRP11. Use technology to enhance productivity.**

Career-ready individuals find and maximize the productive value of existing and new technology to accomplish workplace tasks and solve workplace problems. They are flexible and adaptive in acquiring new technology. They are proficient with ubiquitous technology applications. They understand the inherent risks-personal and organizational-of technology applications, and they take actions to prevent or mitigate these risks.

## Career Ready Practices

**CRP12. Work productively in teams while using cultural global competence.**

Career-ready individuals positively contribute to every team, whether formal or informal. They apply an awareness of cultural difference to avoid barriers to productive and positive interaction. They find ways to increase the engagement and contribution of all team members. They plan and facilitate effective team meetings.

## Differentiated Instruction

### Accommodate Based on Students Individual Needs: Strategies

<u>Time/General</u>	<u>Processing</u>	<u>Comprehension</u>	<u>Recall</u>
<ul style="list-style-type: none"> <li>• Extra time for assigned tasks</li> <li>• Adjust length of assignment</li> <li>• Timeline with due dates for reports and projects</li> <li>• Communication system between home and school</li> </ul>	<ul style="list-style-type: none"> <li>• Extra Response time</li> <li>• Have students verbalize steps</li> <li>• Repeat, clarify or reword directions</li> <li>• Mini-breaks between tasks</li> <li>• Provide a warning for transitions</li> <li>• Reading partners</li> </ul>	<ul style="list-style-type: none"> <li>• Precise step-by-step directions</li> <li>• Short manageable tasks</li> <li>• Brief and concrete directions</li> <li>• Provide immediate feedback</li> <li>• Small group instruction</li> <li>• Emphasize multi-sensory learning</li> </ul>	<ul style="list-style-type: none"> <li>• Teacher-made checklist</li> <li>• Use visual graphic organizers</li> <li>• Reference resources to promote independence</li> <li>• Visual and verbal reminders</li> <li>• Graphic organizers</li> </ul>
<u>Assistive Technology</u>	<u>Tests/Quizzes/Grading</u>	<u>Behavior/Attention</u>	<u>Organization</u>
<ul style="list-style-type: none"> <li>• Computer/whiteboard</li> <li>• Tape recorder</li> <li>• Spell-checker</li> <li>• Audio-taped books</li> </ul>	<ul style="list-style-type: none"> <li>• Extended time</li> <li>• Shortened tests</li> <li>• Read directions aloud</li> </ul>	<ul style="list-style-type: none"> <li>• Consistent daily structured routine</li> <li>• Simple and clear classroom rules</li> <li>• Frequent feedback</li> </ul>	<ul style="list-style-type: none"> <li>• Individual daily planner</li> <li>• Display a written agenda</li> <li>• Color code materials</li> </ul>

## Enrichment

The goal of Enrichment is to provide learners the opportunity to participate in extension activities that are differentiated and augment the district’s curriculum. Teachers are to accommodate based on student individual needs.

**Seeking to build each learner’s capacity to do the following:**

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| <ul style="list-style-type: none"> <li>• Show a high degree of intellectual, creative and/or artistic ability and demonstrate this ability in multiple ways.</li> <li>• Pose questions and exhibit sincere curiosity about principles and how things work.</li> <li>• The ability to grasp concepts and make real world and cross-curricular connections.</li> <li>• Generate theories and hypotheses and pursue methods of inquiry.</li> <li>• Produce products that express insight, creativity, and excellence.</li> <li>• Possess exceptional leadership skills.</li> <li>• Evaluate vocabulary</li> <li>• Elevate Text Complexity</li> <li>• Inquiry based assignments and projects</li> <li>• Independent student options</li> <li>• Tiered/Multi-level activities</li> <li>• Purposeful Learning Center</li> </ul> | <ul style="list-style-type: none"> <li>• Open-ended activities and projects</li> <li>• Form and build on learning communities</li> <li>• Providing pupils with experiences outside the ‘regular’ curriculum</li> <li>• Altering the pace the student uses to cover regular curriculum in order to explore topics of interest in greater depth/breadth within their own grade level.</li> <li>• A higher quality of work than the norm for the given age group.</li> <li>• The promotion of a higher level of thinking and making connections.</li> <li>• The inclusion of additional subject areas and/or activities (cross-curricular).</li> <li>• Using supplementary materials in addition to the normal range of resources.</li> </ul> |
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**Assessments**

**Required District/State Assessments**

- Star Early Literacy or STAR Reading  
(Students with CPL  $\geq 3.5$ )
- NJDOE Model Curriculum Unit Assessment  
(Students with CPL  $\geq 3.5$ )
- ESL Unit Level 1-2 Assessment (Students with  
CPL  $\leq 3.4$ )
- W-APT oral language proficiency test /  
ACCESS

**Suggested Formative/Summative Classroom  
Assessments**

- Academic/Domain Specific Vocabulary
- Homework
- Accountable Talk
- Graphic Organizers
- Journals
- Projects
- Portfolio
- Observation
- Role Playing/Dramatization
- Journals
- Presentations (incorporating Web 2.0 tools)
- Student Conferencing

**Enduring Understanding:**

- Mastering nutrition basics comes down to understanding the roles that specific nutrients play in a healthy diet.
- A healthy lifestyle helps prevent diseases.
- Well balanced physical activities can help live a longer and healthier life.
- Nutritional choices directly affect a person’s current and long-term wellness.

<b>Grade: 5</b>	<b>Unit: Three</b>	<b>Topic: Healthy Living</b>
<b>New Jersey Core Curriculum Content Standards (NJCCCS):</b> 7.1.NM.A.1, 7.1.NM.A.2, 7.1.NM.A.4, 7.1.NM.B.4, 7.1.NM.C.2, 7.1.NM.C.3, 7.1.NM.C.4		
<b>ACTFL Modes of Communication:</b> <ul style="list-style-type: none"> <li>• Interpersonal</li> <li>• Interpretive</li> <li>• Presentational</li> </ul>		

Student Learning Objective	Essential Questions	Sample Activities	Resources	Cultural Practices, Products, and Perspectives
<b>SLO # 1</b> Students demonstrate knowledge of body parts	<ul style="list-style-type: none"> <li>• How are various parts of the human body</li> </ul>	<b><u>Simón dice</u></b> Play a game of Simon says in Spanish to show various	<b>Avancemos 1B</b> <b>La salud</b> Textbook: pp 132-155	Childhood obesity is a national epidemic. Nearly 1 in 3 children (ages 2-19) in

Student Learning Objective	Essential Questions	Sample Activities	Resources	Cultural Practices, Products, and Perspectives
<p>in Spanish.</p> <p><b>7.1.NM.B.4</b> Ask and respond to simple questions, make requests, and express preferences using memorized words and phrases.</p> <p><b>7.1.NM.C.3</b> Copy/write words, phrases, or simple guided texts on familiar topics.</p> <p><b>7.1.NM.C.4</b> Present information from age- and level-appropriate, culturally authentic materials orally and in writing.</p> <p><b>7.1.NM.A.4</b> Identify familiar people, places, and objects based on simple oral and/or written descriptions.</p>	<p>connected?</p> <ul style="list-style-type: none"> <li>• How do you determine the basic needs of your body?</li> <li>• How important are everyday activities to the human body?</li> </ul>	<p>body parts.</p> <p><b><u>Las partes del cuerpo</u></b> Identify the parts of the body indicated in the photos in Activity # 1 in Avancemos textbook.</p> <p><b><u>¿Qué usas?</u></b> Tell what parts of the body you use when you do the activities listed in Activity # 2 in Avancemos.</p> <p><b><u>Label</u></b> Students identify and complete the crossword puzzle on body parts in Spanish.</p>	<p>DVD 2 CD 6: Track 12</p> <p><b>Avancemos 1B</b> Textbook: p. 135 Activity # 1</p> <p><b>Avancemos 1B</b> Textbook: p. 135 Activity # 2</p> <p><b>Crossword Puzzle</b> <a href="http://spanish4teachers.org/files/Worksheet_Body_Parts_Spanish.pdf">http://spanish4teachers.org/files/Worksheet_Body_Parts_Spanish.pdf</a></p> <p><b>El Cuerpo Printable Puzzle</b> <a href="http://printablespanish.com/cuerpo-1/">http://printablespanish.com/cuerpo-1/</a></p>	<p>the United States is overweight or obese, putting them at risk for serious health problems.</p>

Student Learning Objective	Essential Questions	Sample Activities	Resources	Cultural Practices, Products, and Perspectives
<p><b>SLO # 2</b> Students demonstrate ability to describe and discuss healthy habits to lead a healthy life.</p> <p><b>7.1.NM.B.4</b> Ask and respond to simple questions, make requests, and express preferences using memorized words and phrases.</p> <p><b>7.1.NM.A.1</b> Recognize familiar spoken or written words and phrases contained in culturally authentic materials using electronic information sources related to targeted themes.</p> <p><b>7.1.NM.C.4</b> Present information from age- and level-appropriate, culturally authentic</p>	<ul style="list-style-type: none"> <li>• What are the elements needed to lead a healthy lifestyle?</li> <li>• How do you make your choice?</li> <li>• Do you exercise regularly? How many times a week?</li> </ul>	<p><b><u>¿Qué hiciste para la salud?</u></b> Draw a Venn Diagram for similarities and differences. In one circle list healthy things you did that your partner did not do. In the other circle, list what your partner did that you did not do. In the overlap, list what you both did. Talk with your partner about the healthy activities you did last month. Explain the benefits the activities have on your health, where you did them and with whom, using the verbs from Activity # 22 from Avancemos textbook.</p> <p><b><u>Integración</u></b> Read the article and listen to the radio interview. Then compare what you did last week to stay healthy to what the people in the interview did.</p>	<p><b>Avancemos 1B</b> Textbook: p. 149 Activity # 22</p> <p><b>Avancemos 1B</b> Textbook: p. 150 Activity # 23 CD 1: Tracks 23, 24 Audio Script: TE p. 129b</p>	<p>The United States is home to the highest number of overweight and obese people in the world. In the U.S., 70.9 percent of men and 61.9 percent of women are overweight or obese, compared to 38 percent of men and 36.9 percent of women worldwide. Our waistlines start growing early — 28.8 percent of boys and 29.7 percent of girls are overweight or obese in the U.S., compared to 14.2 percent of boys and 14.7 percent of girls worldwide.</p>

Student Learning Objective	Essential Questions	Sample Activities	Resources	Cultural Practices, Products, and Perspectives
materials orally and in writing.		<p><b><u>Una poema diamante</u></b>            Write a diamond poem about something that makes you feel healthy following the model in Activity # 24 from Avancemos.</p>	<p><b>Avancemos 1B</b>            Textbook: p. 150 Activity # 24</p>	
<p><b>SLO # 3</b>            Students demonstrate their knowledge and ability to plan healthy daily routines.</p> <p><b>7.1.NM.B.4</b>            Ask and respond to simple questions, make requests, and express preferences using memorized words and phrases.</p> <p><b>7.1.NM.A.4</b>            Identify familiar people, places, and objects based on simple oral and/or written descriptions.</p>	<ul style="list-style-type: none"> <li>• What is a balanced diet?</li> <li>• How does culture affect my nutritional intake?</li> <li>• What influences what I eat?</li> <li>• What affects our well-being?</li> </ul>	<p><b><u>Shopping List</u></b>            You are planning your meals for the next week. Create a well-balanced shopping list of all the items you will need to consume for one week. Make sure to include, grains, vegetables, fruits, drinks, etc.</p> <p><b><u>Exercise Plan</u></b>            In pairs, create an exercise plan that compliments your healthy eating habits. Students may need dictionaries for additional vocabulary.</p> <p><b><u>Interview</u></b>            In pairs, role play an interview scene, where one</p>	<p><b>Nutrition Printables</b>  <a href="http://www.nourishinteractve.com/nutrition-education-printables">http://www.nourishinteractve.com/nutrition-education-printables</a></p> <p><b>La salud y la nutricion - Quizlet</b>  <a href="https://quizlet.com/119628855/vocabulario-la-salud-y-la-nutricion-flash-cards/">https://quizlet.com/119628855/vocabulario-la-salud-y-la-nutricion-flash-cards/</a></p>	<p>The principal aspects of the Mediterranean diet include proportionally high consumption of olive oil, legumes, unrefined cereals, fruits, and vegetables, moderate to high consumption of fish, moderate consumption of dairy products (mostly as cheese and yogurt), moderate wine consumption and low consumption of non-fish meat and non-fish meat products.</p>

Student Learning Objective	Essential Questions	Sample Activities	Resources	Cultural Practices, Products, and Perspectives
<p><b>7.1.NM.C.4</b>                      Present information from age- and level-appropriate, culturally authentic materials orally and in writing.</p>		<p>is a journalist and the other an athlete. Ask/respond to questions related to healthy eating habits and diet.</p> <p><b><u>Compare and Contrast</u></b>                      Compare and contrast the food pyramid in Spain and in the US. In Pairs, discuss your findings.</p>	<p><b>Food Plate - Spanish</b>  <a href="http://www.choosemyplate.gov/multilanguage-spanish">http://www.choosemyplate.gov/multilanguage-spanish</a></p>	

<b>Unit 3 Vocabulary</b>			
<b>Unidad 3: Vocabulario: Healthy Living</b>			
<b>Greetings / Los Saludos</b>	<b>Introductions / Las Presentaciones</b>	<b>Expressions/Expresiones</b>	<b>Verbs/ Los verbos</b>
<p>Hola Buenos días Buenas tardes Adiós Chao Hasta luego Hasta mañana ¿Cómo estás? ¿Qué tal? ¿Qué pasa? Bien Muy bien Así así Mal Muy mal Gracias Por favor</p> <p><b>Indicate position</b> Aquel/aquella Aquellos/aquellas Ese/esa Esos/esas Este/esta Estos/estas</p>	<p>Yo soy ... ¿Cómo te llamas? Me llamo ... ¿Quién es? Él es ... Ahora Es importante Otro/otra Para Más Mucho/ mucha Durante</p> <p><b>Commands</b> Empecemos Escuchen Repitan Siéntate Siéntense Levántate Levántense Levanta la mano Levanten la mano Bajan la mano Vamos</p>	<p>Silencio, por favor Muy Bien Bien hecho Fantástico Lo puedes hacer ¿Cómo se dice? No entiendo ¿Y usted? ¿Y tú? Yo tengo clase de ... Él tiene Ella tiene Yo soy ... Él/Ella es ... ¿Dónde está? Está ... ¿Dónde están? Están ... ¿A qué hora es ...? A la (s) .../ La ... ¿A qué hora son ...? ¿Qué te gusta hacer? ¿Te gusta... ¿Qué es esto? Lo siento ¿Qué hiciste?</p>	<p>Empezar Engordar Adelgazar Caminar Comenzar Terminar Correr Comer Beber Doler Esperar Relajarse Mantenerse Vivir Volver Poder Ver Ser Estar Ir</p>

<b>Unit 3 Vocabulary</b>			
<b>Unidad 3: Vocabulario: Healthy Living</b>			
<b>Vocabulary/ Vocabulario</b>	<b>Vocabulary/ Vocabulario</b>	<b>Ordinal Numbers/ Los números ordinales</b>	<b>Adjectives/ Los adjetivos</b>
La salud El ejercicio La comida El peso La actividad El entrenamiento El comer La playa El mar El ojo/ los ojos La oreja/ las orejas La nariz La boca El brazo La cabeza El corazón El cuerpo El estómago El pie/ los pies La piel La pierna/ las piernas La rodilla. Las rodillas El tobillo/ los tobillos Aumento de peso Pérdida de peso	Caminar Correr Dar un paseo Tener dolor Tener cuidado Tener buena salud Hacer ejercicio Estar a dieta Estar en forma Hacer deporte Hacer yoga Hacer bicicleta Levantar pesas Bucear Hacer esquí acuático Tomar el sol	Primero/ Primera Segundo/ Segunda Tercero/ Tercera Cuarto/ Cuarta Quinto/ Quinta Sexto/ Sexta Séptimo/ Séptima Octavo/ Octava Noveno/ Novena Décimo/ Décima	Cansado/Cansada Enfermo/Enferma Tranquilo/Tranquila Contento/Contenta Nervioso/Nerviosa Herido/Herida Atlético/Alélica Sano/Sana Bueno/Buena/ Buen Triste Feliz Fuerte

**Unit Project (Choose 1)**

<b>Project (Suggested)</b>	<b>Project (Suggested)</b>
<p>1. You are the school’s nutritionist and you are restructuring the wellness program. Create a student menu that implements healthy eating habits while incorporating exercise and fitness program school wide. Present your proposal to the whole group.</p> <p><b>RUBRIC REQUIRED</b></p>	<p>2. Create your food pyramid in Spanish.</p> <p><b>RUBRIC REQUIRED</b></p>